

Use the following checklists to prepare for hot weather and to make sure that all appropriate precautions are in place.

## PLANNING AHEAD for HOT WEATHER: EMPLOYER CHECKLIST

Develop a list of hot weather supplies (e.g., water, shade devices, etc.). Estimate
quantities that will be needed, and decide who will be responsible for obtaining and
transporting supplies and checking that supplies are not running low.
Create emergency action plan for heat-related illnesses (who will provide first aid
and emergency services, if necessary. Identify methods to rapidly cool the person).
Develop acclimatization schedule for new workers or workers returning from
absences longer than one week.
Identify methods to gain real-time access to important weather forecast and
advisory information from the National Weather Service and ensure the information
is available at outdoor work sites (e.g., laptop computer, cell phone, other internet ready
device, weather radio).
Determine how weather information will be used to modify work schedules, increase
the number of water and rest breaks or cease work early if necessary.
Train workers on the risks presented by hot weather, how to identify heat-related
illnesses, and the steps that will be taken to reduce the risk.
Plan to have a knowledgeable person on the worksite who can develop and enforce
work/rest schedules and conduct physiological monitoring, when necessary, at high
and very high/extreme risk levels for heat-related illness.