CORONAVIRUS: Coronaviruses are a large family of viruses that commonly cause mild to moderate illness in people worldwide. One of these viruses, a new coronavirus named COVID-19, was first detected in Wuhan City, Hubei Province, China in December 2019. Illness outside of China has been limited and is most often associated with travel from Wuhan, China.

SYMPTOMS: Patients with COVID-19 have mild to severe respiratory illness. The most common symptoms include:
   I. Fever
   II. Cough
   III. Shortness of breath

SPREAD: Coronaviruses can be spread from person to person:
   • by coughing and sneezing
   • through close personal contact (within 6ft)
   • by touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before

YOUR RISK: Cases of COVID-19 have been detected throughout the world. However, as of 2/17/2020 no cases have been detected in Pennsylvania, Philadelphia, or on Penn’s Campus. Your risk of contracting COVID-19 at the University of Philadelphia is low.

PREVENTION: It is currently flu and cold season. Penn, the Department of Health and the Centers for Disease Control (CDC) recommend getting a flu vaccine, taking everyday preventive actions to help stop the spread of germs, and taking flu antivirals if prescribed.

The following steps can be made to help prevent the spread of the flu and all human coronaviruses:

1. **Use good hand hygiene.** Wash hands with soap and warm water for 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol. Wash or sanitize your hands before eating or applying cosmetics and after using the restroom or blowing your nose.

2. **Wear gloves.** Wear gloves when working in student housing and other campus buildings. Replace gloves regularly or when visibly dirty or damaged. Avoid touching your face with gloved hands. Wash hands immediately after removing gloves.

3. **Limit the spread of germs and illness.** Cover your mouth and nose with a tissue when coughing or sneezing. If you don’t have a tissue, cough or sneeze into your sleeve or elbow. Avoid sharing food, drinks, utensils, cups, vapes/JUULs, etc. Avoid touching your eyes, nose, mouth, and face with unwashed hands.

4. **Stay home if you are feeling unwell.** If you are not feeling better after 24 hours, seek medical guidance.